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#137: Anne Kolbe: Head in a hedge (II: advanced) (2021)

(a continuation of #136)

Let's pick up where I left you – you put your head in a hedge. How to proceed from here?

-Sink into a process of becoming multiple: vibrant green leathery leaves and twiggy branches - you have multiple surfaces, some of you wiggling on the breeze of air, others safely sheltered. Your whole being is contained by the hedge. You are now fully and soundly held together.

-There is nothing more to wish for now.

What you have gained from this experience, you might want to keep to yourself, or you can document and share your experience in any way that fits you. In that case, please feel free to send it (to mail@theconceptbank.org) - a mere thought or picture can suffice - and find your anonymous contribution on www.annekolbe.com among those of others that preceded you.

When you performed this work, please don't forget to send a response (text, photo or video, whatever you choose) to done@theconceptbank.org. We will archive it (anonymously) and we will also forward it to the artist. Thanks and we hope you will visit us again.

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