

#135: Mikio Saito: Tongue-made sculpture (2020)

There are two characteristics of this performance:

One is that the performance will be indistinguishable at first glance, and the other is that the work will be made in your mouth without using hands.

Go for a walk or go shopping, take normal actions at any time of the day. During that activity chew a chewing gum in your mouth for about 30 minutes, and make a sculpture of it.

It's important to imagine that you are sculpting while chewing.

You can swallow the finished sculpture without showing it to anyone or, if there is a table or something, you can just stick it to that.

You can also show it in your hand.

It is important to give a title to each sculpture by themselves, even if they are swallowed.

In order to prevent the infection of coronavirus, we have to reduce face-to-face conversations with people as much as possible now.

It is very interesting to see what kind of sculpture will be created by keeping your mouth closed and concentrate on chewing gum to indulge in meditation.

When you performed this work, please don't forget to send a response (text, photo or video, whatever you choose) to **done@theconceptbank.org**. We will archive it (anonymously) and we will also forward it to the artist. Thanks and we hope you will visit us again.

Theconceptbank.org is a non-profit initiative, the use of the databank will be free for everybody. Please don't publish the work on social media! It is free for you to use but it is not yours.

