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#120: Josué Amador: Inside-Outside (2020)

1. Listen attentively to all the sounds around you searching for TWO sounds, the *softest/farthest* and the *loudest/closest* ones

2. Produce a new sound following one of the options below.
You can use f.e. voice, body, an object, a music instrument.
You have to be able to listen to both sounds all the time.
You decide the duration of your sounds but consider the duration and nature of the external sound(s)

To perform, produce a sound to be combined with:

- a) ... the *softest/farthest* sound
- b) ... the *loudest/closest* sound
- c) ... the *softest/farthest* sound and create any kind of transition to connect it with the *loudest/closest* one
- d) ... the *loudest/closest* sound and create any kind of transition to connect it with the *softest/farthest* one

3. After that, you:

- a) repeat it
- b) vary it
- c) go back to 1
- d) go back to 2
- e) finish the piece

When you performed this work, please don't forget to send a response (text, photo or video, whatever you choose) to done@theconceptbank.org. We will archive it (anonymously) and we will also forward it to the artist. Thanks and we hope you will visit us again.

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