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#105: Elia Torrecilla: Defrosting Time (2018)

This action should be carried out during vacations, preferably in summer.

Go into an ice cream shop and order a cone ice cream of your favorite flavor. Exit the ice cream shop, take three steps and stare at the ice cream without tasting it, as if you were frozen in time. Stay still until your ice cream has melted.

Now that you have helped to defrost a period of time, happily continue your way.

When you performed this work, please don't forget to send a response (text, photo or video, whatever you choose) to **done@theconceptbank.org**. We will archive it (anonymously) and we will also forward it to the artist. Thanks and we hope you will visit us again.

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