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#103: Emma Waltraud Howes: (condensed) **Score for Subtle Architectures (2007-)**

- Draw a line of chalk on the ground to delineate an enclosed site.
- Do not step past the boundary that you define for yourself.
- Rest.
- Glean all information that the scene provides: movement, architecture, sound, ground.
- Observe how these qualities translate into your body, sit with them, engulfed.
- Locate a movement within: a spurt or gurgle of an organ.
- A story triggered: a memory, embodied history, or experience.
- Stick with the sensation, and let it evolve, but do not act on it.
- It affects your body, so that it becomes you—in your entirety.
- Magnify to an external plane, visible for an outside eye, a monstrous version of the original.
- Oscillate between external gestures to aid in your search for internal impulses.
- Seek mundane everyday gestures and abstract conglomerations.
- Adapt to this body.
- Traverse peripheral and singular visions.
- Exhaust possibility: surpass boredom, fatigue, frustration, and chaos.
- Enjoy moments of catharsis.
- Rest.
- Note what has changed, or been altered.
- Pick up the chalk and migrate to a new location.
- Repeat.

When you performed this work, please don't forget to send a response (text, photo or video, whatever you choose) to **done@theconceptbank.org**. We will archive it (anonymously) and we will also forward it to the artist. Thanks and we hope you will visit us again.

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