

THECONCEPTBANK.ORG

#098: lenke Kastelein: Walking away - until we meet again (2018)

Find a place, street or path to do the performance
Agree on the length of the walk
Set the alarm on your phones

Open up your senses:
Stand still, back to back
Focus on your body, on breathing,
Focus on sound, on smell.
Focus on your connection

Do not speak, activate the alarm
Start walking in opposite directions
Stay in touch

When time is up: turn back
Walk towards each other
Until you meet again

When you performed this work, please don't forget to send a response
(text, photo or video, whatever you choose) to done@theconceptbank.org.
We will archive it (anonymously) and we will also forward it to the artist.
Thanks and we hope you will visit us again.

Theconceptbank.org is a non-profit initiative, the use of the databank will be free for everybody
Please don't publish the work on social media! It is free for you to use but it is not yours.

