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#092: lenke Kastelein: Keep Breathing, hold on to my breath, (2018)

Two performers, A and B, find a place where they can sit next to each other in a (semi) public space, outdoors or indoors.

A fills a small plastic bag with his breath, binds it together and leaves it into the care of his neighbour B. Than A walks away, out of sight, promises B to be back in a while.*

B holds A's breath in his hands until A returns.

Than the performers change roles:

B fills a small plastic bag with his breath and gives it to A. On his walk B takes the plastic bag filled with A's breath with him.

When B returns they sit down, exchange plastic bags and let the air out. Finally they walk away together.

* The walk will take him 2 to 15 minutes.

Performers: two

Needed: two small plastic bags

Find a nice place, preferably in a crowded area

When you performed this work, please don't forget to send a response (text, photo or video, whatever you choose) to **done@theconceptbank.org**. We will archive it (anonymously) and we will also forward it to the artist. Thanks and we hope you will visit us again.

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