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#068:Jolanda Jansen: Mind Map (2015)

(you need an A4-sheet of paper)

Find a route, not to long, where you can walk safely and feel comfortable.

Walk the route slowly and look concentrated at all details: the pavement, the street lights, the signs and all other things that could be in your way. Create a map in your mind.

Now go back to the beginning of your route. Look for a last time around you, to see the people and the space around you. Take the A4-sheet and put it on your open mouth. Inhale and suck the a4-sheet so it will stay on your face, don't fold it. If your lips are a little wet it will stick on your lips as well.

Now start walking and breathing in and keep the paper in front of your face. You can use your hands to protect yourself for obstacles in front of you; because the paper will cover your eyes.

If the paper falls down just pick it up and put it on your face again by inhaling.

Walk your route and see if you can find your way with the help your mind map.

When you performed this work, please don't forget to send a response (text, photo or video, whatever you choose) to **done@theconceptbank.org**. We will archive it (anonymously) and we will also forward it to the artist. Thanks and we hope you will visit us again.

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