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#047: Floris Visser: Every ism fits a bag (2016)

You will need the following ingredients:

- 350 gram of white flower
- 3,5 gram of instant yeast (half a package)
- 220 ml of half warm water
- A bottle of sunflower oil
- One egg

Also you will need general kitchen equipment.

- Take a bowl and dissolve the yeast in the water
 - Put the flower in another bowl and gently pour in the water and yeast mixture
 - Prepare a dough by working the mixture till it no longer sticks to your fingers
 - Leave to rest for 15 minutes
 - Put a large pan on the fire and fill it with oil three thumbs high
 - Take a piece of dough from the bowl and work it with your hands to form a ball the size of a golf ball
 - Check if the oil is hot enough
 - Stirfry the ball of dough until golden brown and put it on a plate
 - Take a new piece of dough and work it around the stirfried one, creating a larger ball
 - Stirfry this as well
 - Repeat once more, so the ball increases in size and contains three layers of dough.
 - Put a steelpan filled with water to boil and put on a steaming basket
 - Steam the dough ball for 10 minutes
 - Lay the dough on the bottom of a greased oven dish and gently squeeze it as flat as possible, making sure it doesn't fall apart
 - Apply egg yolk on the dough's surface
 - Put the dish in the oven for 25 minutes on 180 degrees Celcius
- Check after 25 minutes, if it's not golden brown, leave it in the oven a little longer.
- Let the dough cool down. Wrap it neatly into a thin piece of white paper (or use a newspaper)
- Put the package in a plastic bag, neutral without logo's.
- Take the bag, go out, walk towards the nearest trash bin. Dispose.

When you performed this work, please don't forget to send a response (text, photo or video, whatever you choose) to **done@theconceptbank.org**. We will archive it (anonymously) and we will also forward it to the artist. Thanks and we hope you will visit us again.

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