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#027:Heekyung Ryu: Human Mirror (2014)

2 people

Sit face to face.

Read the description, and start mirroring when both are ready.

'Person 1': the human mirror

Relax, and breathe out.

Concentrate on mimicking the facial expressions of the person who is facing you. Try to mimic his/her facial expression in the same time. It will synchronise at some point.

You can stop when 'Person 2' stops.

'Person 2': the person who will look in the mirror

The person sitting in front of you will be your mirror.

Relax, and look in the mirror. Concentrate on your facial expressions and try to change these as slowly as you are able.

Maintain eye contact with the mirror.

You can stop whenever you can't concentrate anymore.

(I recommend that 'Person 1' is in a flexible and confident state in using his/her facial movement.)

When you performed this work, please don't forget to send a response (text, photo or video, whatever you choose) to done@theconceptbank.org. We will archive it (anonymously) and we will also forward it to the artist. Thanks and we hope you will visit us again.

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