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#004 Nico Parlevliet: One Hour Listening (2014)

More than 1 hour, no preparation, one performer

Choose a day to free yourself four times a guarter of an hour: 15 minutes in the morning, in the afternoon, in the evening and in the night! You can also choose to spread the moments over 4 different days, every day another quarter of an hour. The location at these moments is your own choice. During these quarters try not to produce any sounds, just listen. Listen carefully to all sounds around you!

You need a notebook and a pen! Describe the sounds you hear, as realistic as possible. After these 4 moments you will have a list full of sounds You have one hour of audio recordings in writing. Choose your favorite note, copy it, frame it and be proud of your performance.!

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When you performed this work, please don't forget to send a response (text, photo or video, whatever you choose) to **done@theconceptbank.org**. We will archive it (anonymously) and we will also forward it to the artist. Thanks and we hope you will visit us again.

Theconceptbank.org is a non-profit initiative, the use of the databank will be free for everybody Please don't publish the work on social media! It is free for you to use but it is not yours.